

Regiocup Lommel: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 13:15 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 14:13
Heat: 2/6 Lane : 1 Athlete: NACKAERTS LYNN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:4, starttime: 14:15
Heat: 4/6 Lane : 1 Athlete: PEETEN FINN			Q-time: 00:49:81
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE MIXED 10-9			Heat:4, starttime: 14:15
Heat: 4/6 Lane : 5 Athlete: DAENS NORE			Q-time: 00:48:79
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 5: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 14:44
Heat: 1/8 Lane : 3 Athlete: HAVERBEKE TUUR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 15:31
Heat: 1/6 Lane : 5 Athlete: PEETEN FINN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:38
Heat: 4/6 Lane : 4 Athlete: DAENS NORE					Q-time: 01:56:48
PB (25m pool): 01:56.48 Pelt 05/10/2025 PB (50m pool): no time SB: 01:56.48 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.84		01:56.48	
	00:55.84 01:00.64				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 15:41
Heat: 5/6 Lane : 5 Athlete: NACKAERTS LYNN					Q-time: 01:46:57
PB (25m pool): 01:46.57 Pelt 05/10/2025 PB (50m pool): no time SB: 01:46.57 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.91		01:46.57	
	00:52.91 00:53.66				
					

Coach feedback:

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Event number: 10: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:27	
Heat: 2/7 Lane : 4 Athlete: HAVERBEKE TUUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: